



Instructors: Spencer Gooch, Matthew Leader

Course Meetings: Tuesdays 4:45pm-7:45pm, April 5th-May 10th

Location: (HTH Graduate School of Education Forum)

Learning Management System: Haiku

Student Faculty: TBD

HTH 105: Healthy Environments

This course is designed to provide interns with an understanding of the impact of student health and safety of academic learning. Topics will include but are not limited to looking at family structures, community cultures, nutrition and healthy mental and physical activity in the community, the effects of alcohol, narcotics drugs and tobacco, and legal responsibilities of teachers related to student health and environments. Interns will be asked to discuss course topics and identify how support systems might be implemented within their class structures and instruction as they relate to topics on a weekly basis.

Course Requirements:

- **Participation in Small Group Discussion:** Each week, students will come to class ready to discuss a health-related issue they have experienced or identified in their classes. The issue should pertain to one of the following threads as it relates to their class, student(s), or role in the school:
 - Nutrition
 - Mental Health
 - Family Relationships
 - Identity
 - Physical Health
 - Reproductive Health
- Students will read a number of readings within each class meeting. The quality of conversations in class are directly correlated to whether students do the readings. We know you are busy and therefore will only give out readings in class. Please read thoughtfully and carefully to participate in the class activities.
- Final product. Students will create a lesson portfolio.

Assessment:

This course is graded on a pass/fail basis. Your full participation is encouraged and expected. As the course is designed around the conversations we are having in class, please make every effort to attend class. It is difficult to “make up what you missed.” If you are going to miss a class, please email us ahead of time to let us know. You may not miss more than one class session and still get credit for the course.

Expectations:

- **Attendance/Punctuality:** This course is only 6 sessions. Your attendance each day is vital. If you have an appointment or emergency that prevents you from attending, please let your instructors know as early as possible. Students with more than 1 absence will not be able to receive credit.
- **Electronics:** In addition to your physical presence, your mental presence is also required. We understand that this is a busy time of the school year and you are being pulled in many different directions. Please allow yourself to only work on coursework for this course while you are here. This means your computer should be open only during the appropriate times, phone calls and texts should be kept to a minimum, etc.
- **Graduate-Level Work and Ethics:** Your teaching credential should be regarded as a symbol of professionalism. We expect your work to reflect that.

Agenda

Class	Gooch	Matt
Tuesday, 4/5	<ul style="list-style-type: none"> ● Haiku logistics ● Expectations <hr/> <ul style="list-style-type: none"> ● Creating a responsive classroom (Keeping it NEAT). ● Crash course in Restorative Practice 	<ul style="list-style-type: none"> ● Syllabus Overview ● Expectations <hr/> <ul style="list-style-type: none"> ● Physical Health ● Mental Health
Tuesday, 4/12	<ul style="list-style-type: none"> ● Small Group Discussion <hr/> <ul style="list-style-type: none"> ● Shapers of identity and relationships ● Mandated reporting review 	<ul style="list-style-type: none"> ● Small Group Discussion <hr/> <ul style="list-style-type: none"> ● Physical and Mental Health ● Nutrition and food choice

<p>Tuesday, 4/19 (Credentialing announcements - first 60 minutes)</p>	<ul style="list-style-type: none"> ● Small Group Discussion ● Health and Resource Fair 	<ul style="list-style-type: none"> ● Small Group Discussion ● Final project and presentation overview
<p>Tuesday, 4/26</p>	<ul style="list-style-type: none"> ● Small Group Discussion ● Presentation and workshop preparation time <hr/> <ul style="list-style-type: none"> ● Creating a responsive classroom (Keeping it NEAT). ● Crash course in Restorative Practice 	<ul style="list-style-type: none"> ● Small Group Discussion ● Presentation and workshop preparation time <hr/> <ul style="list-style-type: none"> ● Physical Health ● Mental Health
<p>Tuesday, 5/3</p>	<ul style="list-style-type: none"> ● Small Group Discussion <hr/> <ul style="list-style-type: none"> ● Shapers of identity and relationships ● Mandated reporting review 	<ul style="list-style-type: none"> ● Small Group Discussion <hr/> <ul style="list-style-type: none"> ● Physical and Mental Health ● Nutrition and food choice
<p>Tuesday, 5/10 (Janie coming in for 30 min at beginning)</p>	<ul style="list-style-type: none"> ● Small Group Discussion ● Wrap up, exit surveys, etc. 	<ul style="list-style-type: none"> ● Small Group Discussion ● Wrap up, exit surveys, etc.