

Session Two: 4/14/20

4:45-6:15pm

Facilitator: Nuvia C. Ruland

Online via Zoom.com Meeting ID **525-183-989**, Password: **278688**

[Presentation Slides](#)

Pre-work: 30 min

Flipgrid: Brain Health & Social Emotional Development

flipgrid.com/ted536session7

Password: TeachSEL1^

4:45-4:55pm Welcome & Online Meeting Facilitation

- Zoom Meeting Roles

4:55-5:05pm Attending to the self - Compassion & Adaptation

- Resource: [5 Steps to Develop Self-Compassion](#)

(5 min) MentiMeter: What is your rose, thorn and bud? **MENTI.COM 16 06 34**

(5 min) 30 sec/candidate to share and discuss

5:05-5:20pm Adjustments of the [Syllabus](#) & Final Project

(5 min) **Syllabus is updated based on the feedback.** Always open to student perspective

(10 min) **PITP and Final Project:**

1. **What should you expect from PITP?**

- Shared resources, own research and model structures can be applied weekly
- Post PITP on PowerSchool
 - What did you design? Why?
 - What did you learn?
 - How can this inform your final project?
 - *Which program standards would be addressed in your work? (optional)*
- *Did anyone apply something they experienced in last week's class?*

2. **What do you need to include for this course Final Project?**

- Documentation of process of Final Project
- Includes reflections of what was learned in the process
- How can you share what you've designed, created and learned?
- Shows alignment to program standards

5:20-5:25pm Break - 5 minute Dance Party

5:25-6:05pm Connecting neuroscience to Culturally Responsive Teaching *Ch.3 This Is Your Brain on Culture*

(10 min) Recap Making the Invisible, Visible: Foundational Neuroscience

- **NEW WORDS:** What 3 words come to mind when you hear *BRAIN DEVELOPMENT*? **MENTI.COM 39 24 51**

(10 min) Small group discussion focus on pg.35-46

1. Which neuroscience concepts is Zaretta Hammond grounding CRT on?
2. What feels relevant to you? What questions do you have?

(15 min) Discussion

1. Lightning rod has 1min to share groups thoughts

2. If our brains are wired to connect, what are we doing at HTH that aligns to Hammond's Culturally Responsive Brain Rules (pg. 46-50)
 3. What would you like to focus on and apply? Why?
- (5 min) Introduce [David Rock's S.C.A.R.F. model](#)
1. Tuning our lens and Developing a language to discuss social threats with others

6:05-6:15pm Announcements & Exit Card

(5 min) Announcements

- PITP: Align and apply Culturally Responsive Brain Rules and S.C.A.R.F. social model to your context
 - Focus on Hammond, Z - *CRP & The Brain Ch.3 This is Your Brain on Culture* pg. 35-47
 - S.C.A.R.F. a brain-based model for Collaborating and Influencing Others
 - Includes examples of reducing the threat, increasing rewards

(5 min) Exit Card: Feedback on Today's Content & Facilitation (<https://forms.gle/3daodk9drh1reqwQA>)