

### Session Three: 4/21/20

4:45-6:15pm

Facilitator: Nuvia C. Ruland

Online via Zoom.com Meeting ID **525-183-989**, Password: **278688**

[Presentation Slides](#)

Pre-work: 90 min

Flipgrid: Brain Health & Social Emotional Development

[flipgrid.com/ted536session7](https://flipgrid.com/ted536session7)

Password: TeachSEL1^

- 4:45-4:55pm Welcome & Online Meeting Facilitation  
(3 min) Zoom Meeting Roles  
(3 min) Group Norms
- 4:55-5:10pm Attending to the self - Mindfulness Practice
- Resource: Edutopia: [Getting Ready To Learn with Mindfulness](#)
  - Resource: Mindshift: [Schools Are Embracing Mindfulness, But Practice Doesn't Make Perfect](#)
- (5 min) MentiMeter: What are barriers to practice mindfulness in my role? **MENTI.COM 25 35 11**
- 5:10-5:20pm Adjustments of the [Syllabus](#) & Final Project  
(7 min) Final Project Share-Out: Erica Larson  
(3 min) Discussion & Questions Final Project for Rubric Design
- Final Project will include the following. What is missing? How should it be weighted?**
- Shows alignment to program standards
  - Documentation of process of Final Project
  - Includes reflections of what was learned in the process
  - How can you share what you've designed, created and learned?
- 5:20-5:25pm Break - 5 minute Dance Party
- 5:25-5:45pm What ideas in *CRT & The Brain* and *S.C.A.R.F. model* are overlapping/diverging and/or applicable?  
(7 min) Write Post-It and Respond  
(10 min) Whole Group Discussion
- 5:45-6:05pm Co-Regulation and Adaptive Behaviors  
Introduce the work of Adriana Galvan, Ph.D. in *Ch.6 Motivational Systems* and *Ch.7 Social Brain*
- [Ch.6 Motivational Systems](#)
  - [Ch.7 Social Brain](#)
- (10 min) Traumatic Brain Injury and Adaptive Brain
- What is TBI?
  - How can it impact cognition and emotion?
  - What cognitive accommodations can support students?
- 6:05-6:15pm Announcements & Exit Card  
(5 min) Announcements
- How did we do our norms and roles?
  - PITP: Align and apply Motivation, Adaptive Skills and TBI accommodations to your context

- Galvan, A *Ch.6 Motivational Systems* and *Ch.7 Social Brain*
- Resources for [TBI Slide 59-62](#)
- [2018 CO Dept Ed Teacher Manual for Brain Injury in Children](#)
  - Includes examples of school supports

(5 min) Exit Card: Feedback on Today's Content & Facilitation (<https://forms.gle/SYWSUXkaNieuje8R6>)